

CONFERENCE SCHEDULE

Thursday, October 23, 2025
Zoom

Intended Audience: Nurses or other healthcare professionals that have an interest in either medicine and/or psychiatry.

- 8:30 **Login to Zoom Meeting**
- 9:00 **Welcome**
- 9:05 **Behavioral Health Consultants: Enhancing Outcomes Through Integrated Care**
Annmarie Melchert, MA, Behavioral Health Consultant; Jeff Lees, MA, IFS, Behavioral Health Consultant
- 10:05 **Break**
- 10:15 **Caring for Patients with Eating Disorders**
Judith Wightman, MA, BSN, RN, CMSRN, PMH-BC, Staff Nurse
- 11:15 **Pioneering the Design and Function of Medical-Psychiatry Units**
Aubrey Chan, MD, PhD, Assistant Professor
- 12:15 **Lunch Break**
- 12:45 **Mind Over Machine: How Artificial Intelligence Elevates Medical Psychiatry Nursing**
Dana Cook, MSN, RN, NI-BC, NPD-BC, PMH-BC, Nursing Practice Leader
- 1:45 **Sleep Disorders**
Ogechukwu Obiano, MD, Clinical Assistant Professor
- 2:45 **Evaluation & Adjourn**

Schedule and speakers are subject to change. Faculty are staff of UI Health Care and/or University of Iowa Colleges unless otherwise indicated.



University of Iowa Health Care
Department of Nursing
200 Hawkins Drive
Iowa City, IA 52242-1009

CE Nursing Continuing Education
Medical Psychiatry Nursing Conference

OCTOBER 23, 2025
ZOOM / VIRTUAL CONFERENCE



CE NURSING CONTINUING EDUCATION

The purpose of this conference is to expand existing knowledge of nurses interested in medicine and psychiatry. Topics are appropriate for psychiatric nurses looking to expand their medical knowledge as well as medicine nurses that have an interest in learning more about psychiatry.

Medical Psychiatry Nursing Conference

THURSDAY, OCTOBER 23, 2025
9:00 AM – 2:45 PM (CST)
ZOOM / VIRTUAL CONFERENCE

Sponsored by:
University of Iowa Health Care, Department of Nursing
Services and Patient Care



Changing Medicine.
Changing Lives.®

GENERAL INFORMATION

Educational Objectives

Upon completion of this program, learner should be able to:

- Discuss the role and benefits of Behavioral Health Consultants (BHCs) within the medical and psychiatric settings, with the goal of enhancing interdisciplinary collaboration and improving patient outcomes.
- Identify best practices in the care of inpatients with eating disorders on medicine psychiatry units.
- Discuss architectural aspects of medical-psychiatry units and how this design can facilitate healthcare.
- Explain how artificial intelligence can enhance nursing practice in the medical psychiatry settings, specifically in areas like clinical decision-making and workflow automation.
- Discuss sleep disorders and the impact on psychiatric patients.

Planning Committee Members:

Cassandra Drees-Duncan, BSN, RN, CMSRN
Deann Shortt, BSN, RN
Leigh Weber, BA, RN
Amber Wessels, BSN, RN, PMH-BC

The UI Health Care Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPD-BC, FAAN.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee.

REGISTRATION

General Information:

- Preregistration is required by 10/15/2025
- Online registration and credit card payments only

Registration Link: <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=74358>

You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

Registration Fee:

\$50; (Add \$15 after 10/8/2025)

Registration closes on 10/15/2025.

Refund: Full (minus \$10 cancellation fee) if notification received on or before 10/15/2025.

The Zoom link and any additional conference details will be provided the week prior to the conference.

INFO & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.

uihc.org/nursing-continuing-education-schedule

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at **319-356-1238** or e-mail nursingcontinuinged@uiowa.edu.

Education Credits:



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy

Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 5.0 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

Questions concerning education credits should be directed to the Nursing Clinical Education Center at (319) 356-1238.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, [Office of Civil Rights Compliance](#), the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocrc@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.